

COFFEE-BREAK

BREAK 1

Assorted biscuits

Water still/sparkling

Assorted juices

Freshly brewed coffee with cream, tea with lemon

BREAK 2

This morning's pastries of your choice:

assorted croissants or cupcakes

Water still/sparkling

Assorted juices

Freshly brewed coffee with cream, tea with lemon

BREAK 3

Toast with ham and Dorblu cheese mousse

Short pastries of your choice: danish with pecans

and maple syrup, berries or raisins

Water still/sparkling

Assorted juices

Freshly brewed coffee with cream, tea with lemon



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BREAK 4

Pasties with meat or cabbage and mushrooms
Fresh fruit (depending on the season)
Pastry of your choice: eclairs, fruit tartlets or cream biscuits
Water still/sparkling
Assorted juices
Freshly brewed coffee with cream, tea with lemon

BREAK 5

Mini - croissant with salmon, Philadelphia cheese
and mixed salad
Fresh fruit (depending on the season)
Your choice: charlotte with apples and cinnamon or cherries
Water still/sparkling
Assorted juices
Freshly brewed coffee with cream, tea with lemon



SANDWICH BREAK 1

Sandwich with smoked salmon, tomatoes, cream cheese and arugula
Sandwich with prosciutto and cheese
Lavash with chicken and vegetables
Water still/sparkling
Assorted juices
Freshly brewed coffee with cream, tea with lemon

SANDWICH BREAK 2

Sandwich with slightly salted salmon and Philadelphia cheese
Sandwich with turkey, tomatoes and lettuce
Sandwich with Mozzarella cheese and baked sweet pepper
Quiche lorraine with bacon and cheese
Water still/sparkling
Assorted juices
Freshly brewed coffee with cream, tea with lemon

SANDWICH BREAK 3

Sandwich with smoked salmon, quail eggs and arugula
Sandwich with roast beef and mustard sauce
Sandwich with Mozzarella cheese and tomatoes
Chicken and sweet pepper brochette
Fresh fruit (depending on the season)
Dessert of your choice: fruit tart, clafoutis with cherry or honey cake (Medovyk) with nuts
Water still/sparkling
Assorted juices
Freshly brewed coffee with cream, tea with lemon



FITNESS BREAK

Sandwich with grilled vegetables

Assortment of yoghurts (fruit and natural)

"Mix" with leafy lettuce, carrots, celery and

Cherry tomatoes, seasoned with olive oil

Fresh fruit (depending on the season)

Confiture, jam or honey (according to your choice)

Dried fruits, nuts in assortment

Cookies (crackers)

Water still/sparkling

Assorted juices

Herba, fruit tea, (with lemon)

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